

SESSION PREPARATION AND SET UP

IT check

Materials prep: Facilitation Guidance

- Study assigned SAPR materials.
- Prep the physical training space.
- Presentation basics:
 - Focus on the audience and move around if possible
 - Make proper eye contact
 - Show a positive and professional attitude toward the subject
 - Maintain flexibility
 - Practice active listening skills
- Opportunities for discussion will arise. Use these opportunities to ask questions and increase understanding. Do not leave with questions.
- The Lesson Plan begins on page 2.

PRIMARY TRAINING OBJECTIVES

Ensure Sailors understand:

- Sexual assault is a crime that will not be tolerated.
- The Department of the Navy is taking action to eliminate sexual assault from our ranks.
- The goal of this year's SAAM campaign is to heighten awareness and prevention efforts.
- Eliminating sexual assault from our ranks is an all hands effort that is leadership driven.
- Leadership will support victims, hold offenders appropriately accountable, and ensure all parties receive due process of law.
- "Small," negative behaviors, such as sexist comments and crude jokes, initiate a continuum of harm that encourages sexual harassment and potentially sexual assault.
- Every member of the Navy-Marine Corps team is responsible for creating a command climate that is intolerant of sexual harassment and sexual assault.
- Successfully functioning and combat-ready commands are focused on trusted professional relationships that are respectful of individual dignity and diversity.

"It is incomprehensible that a shipmate would commit such a horrible crime on another shipmate. Sexual assault in our Navy undermines teamwork, morale, unit cohesion, and operational readiness. Also, the long-term effects of sexual assault dramatically impact the victim for years to come. For these reasons, sexual assault does not belong in our Navy."

- MCPON Rick D. West

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Sexual Assault Awareness Month
FACILITATION GUIDANCE

April
2012
Week 1

LESSON PLAN

Week 1	“HURTS ONE”	
Run the CNP video – SAAM Rollout and immediately begin discussion.		
Lead	Topic	Content/questions
	CNP video	<p>This video was developed for the purposes of bringing Navy personnel a perspective on the extent and crippling effect of sexual assault that persists in our midst.</p> <p>It is a message directly to you from the Chief of Naval Operations and as such demands both your attention and action.</p> <p>The CNP is taking this opportunity to demonstrate his intolerance of sexual violence in the Navy and the affects it has on our fellow Sailors who are victims.</p>
	Pose an open-ended, rhetorical question to stimulate the audience to consider their own attitudes	<p>What are your thoughts about Sexual Assault?</p>
	Level of the Problem	<p>How prevalent is sexual assault in the Navy?</p> <ul style="list-style-type: none">- One or more is reported daily within Navy [FY10 441 unrestricted, 170 restricted]- 2/3 of that is Service member on Service member within Navy.- As many as 80% of incidents of unwanted sexual contact are estimated to go unreported annually. <p>http://servicewomen.org/SAPRO%20Reports/DoD_Fiscal_Year_2010_Annual_Report_on_Sexual_Assault_in_the_Military.pdf</p>
	Week 1 Theme	<p>“Hurts One” conveys that sexual assault affects the victims. Sexual assault is a crime that takes away an individual’s power and affects Sailors of all ages, backgrounds, and circumstances.</p>
	What does a real victim look	<p>Victims of sexual assault are trauma victims. Trauma affects everyone differently. There are preconceived notions of how a “real” victim of sexual</p>

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	like?	assault should look and act, as well as respond. When a victim does not conform to these expectations, often the veracity of his or her experience is doubted.
	Impact on victim	<p>Victims of sexual assault may...</p> <ul style="list-style-type: none"> - Suffer PTSD, Acute Stress Disorder (ASD), depression, and suicidal thoughts - Have trouble sleeping - Turn to alcohol or drugs - Have declining job performance - Leave the Navy - Victims too often suffer in silence because they fear further injury, are unwilling to experience added humiliation, or lack trust in the command and criminal justice system.
	A victim is a victim	<p>Based on anonymous reporting, each year, on average, approximately 4% of women and 1% of men on active duty in the DoD report being sexually assaulted. Because we have far more men than women on active duty, this meant that in 2010 men suffered approximately 10,700 assaults, while women suffered 8,600. So as strange as it may seem, more men than women were actually sexually assaulted. This reality tells us that sexual assault is not just a male/female problem, but that it's a Navy problem.</p> <p>http://www.sapr.mil/media/pdf/research/DMDC_2010_WGRA_Overview_Report_of_Sexual_Assault.pdf</p>
	Addressing Victim Blaming	<p>When you hear about a sexual assault case, how often do you doubt the truthfulness of the victim's report and instead focus on characteristics of the victim? For example: What the victim was wearing, if the victim had been drinking, if the victim voluntarily invited the alleged offender to his or her room.</p> <p>The tendency to assume the report is false or that the victim is lying is not supported by the data. Victims of sexual assault are far more likely to have been assaulted and never tell anyone of the incident than they are to have never been assaulted and made a false report.</p> <p>Reasons given for not reporting include:</p> <ul style="list-style-type: none"> - Did not want superiors to know - Fear of being treated badly if they reported - Concern for protecting their identity - Did not trust the reporting process - Afraid of retaliation

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		<ul style="list-style-type: none"> - Thought nothing would be done - Perception they could handle it on their own
	Tactics of Offenders	<p>How often do you assume that an alleged sexual assault is more likely to be a sexual encounter between well intentioned individuals who simply had too much to drink or had a misunderstanding of consent?</p> <p>Studies indicate that many of the sexual assaults committed by someone the victim knew are committed by repeat offenders.</p> <p>Common tactics used to commit the assault include:</p> <ul style="list-style-type: none"> - Ignoring victims' efforts to communicate, taking advantage of them while they are incapacitated by alcohol or drugs, physical force, or threats.
	Consent	<p>Consent IS: <i>from DoDD 6495.01, January 23, 2012</i></p> <p>Words or overt acts indicating a freely given agreement to the sexual conduct at issue by a competent person.</p> <ul style="list-style-type: none"> - An expression of lack of consent through words or conduct means there is no consent. - Lack of verbal or physical resistance or submission resulting from the accused's use of force, threat of force, or placing another person in fear does not constitute consent. - A current or previous dating relationship or the manner of dress of the person involved with the accused in the sexual conduct at issue shall not constitute consent. - There is no consent where the person is sleeping or incapacitated, such as due to age, alcohol or drugs, or mental incapacity. <p>Practical Advice:</p> <ul style="list-style-type: none"> - Anyone has the right to say no at any point during any sexual act. - If your partner says "no" or tells you to stop, do so immediately! - ASK - and be prepared to accept "no"
	Alcohol and	What role does alcohol play in sexual assault?

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	Consent	How does alcohol jeopardize giving and receiving consent?
	Cases must be Thoroughly Investigated	Every case must be thoroughly investigated by law enforcement so that the facts relevant to that case can be determined.
		Sexual assault is a hard topic to talk about but it is absolutely necessary to openly address. Talking about sexual assault prevention brings the issue to the forefront as a command priority.
DoD Safe Helpline is a groundbreaking crisis support service for members of the DoD community affected by sexual assault. Safe Helpline provides live, one-on-one advice, support, and information to the worldwide DoD community. The service is anonymous, secure, and available 24/7 – providing victims with the help they need, anytime, anywhere. Text zip code or installation/base name to 55-247 (CONUS) or 202-470-5546 (OCONUS), Call 877-995-5247 or Chat at SafeHelpline.org.		